"Do not be conformed to the pattern of this world, but let God transform you into a new person by changing the way you think."

Romans 12:2 (NLT)

WHY I MUST MANAGE MY MIND

BECAUSE "Be careful how you think; your life is shaped by your thoughts."

Proverbs 4:23 (TEV)

BECAUSE "I love to do God's will so far as my new nature is concerned; but there's something else deep within me that is at war with my mind and wins the fight and makes me a slave to the sin within me. In my mind I want to be God's servant, but instead I find myself still enslaved to sin."

Romans 7:22-23 (LB)

BECAUSE "If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace."

Romans 8:6 (NLT)

3 DAILY CHOICES FOR A HEALTHY MIND

1. I MUST "People need more than bread for their life; they must feed on every WORD OF GOD."

Matthew 4:4 (NLT)

WHEN? "I rise early...to cry out for help and to put my hope in your words."

Psalm 119:147 (NLT)

"Lord, how I love your Word. I think about it all day long."

Psalm 119:97

"Even in the darkest of night, your teachings fill my mind."

Psalm 16:7 (CEV)

2. I MUST "Those who are dominated by their sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit."

Romans 8:5 (NLT)

3. I MUST "Keep your mind on Jesus Christ..." 2 Timothy 2:8 (CEV)

"Think about Jesus' example. He held on while wicked people were doing evil things to him. So do not get tired and stop trying." Hebrews 12:3 (NCV)

"Don't just think about your own affairs, but be interested in others, too, and in what they are doing."

Philippians 2:4 (LB)

"Let us think about each other and help each other to show love and do good deeds." Hebrews 10:24 (NCV)

"Let heaven fill your thoughts. Do not think only about things down here on earth."

Colossians 3:2 (NLT)

"No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him."

1 Corinthians 2:9 (NLT)