PRAYING & FASTING FOR A BREAKTHROUGH
What Are You Seeking — Part 2
Rick Warren
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"When the Philistines learned that David had been made king of Israel, they mobilized all of their <u>forces against him</u> to <u>attack and enslave</u> him, but David heard the news and moved to his <u>fortified place</u>. Then the Philistine army moved in and <u>spread out</u> across the entire valley. So David <u>sought the Lord in prayer</u>. He asked 'Should I go fight these Philistines? Will you give them over to me?' The Lord replied, 'Yes, go ahead! You can certainly <u>count on me</u> to give you the victory!' So David went out and defeated them. Then David said, '<u>I watched the Lord BREAK THROUGH my enemies</u> like a mighty flood.' So he named the place '<u>The Lord Broke Through!</u>'"
1 Chronicles 14:8-11

"After this, 3 enemies <u>joined forces against</u> Judah. Messengers told the king 'A vast army is coming against you!' <u>Alarmed and afraid</u>, King Jehoshaphat <u>resolved to SEEK the Lord</u>. Then he proclaimed <u>a FAST for everyone</u>. So ALL of people <u>CAME TOGETHER to SEEK HELP</u> from the Lord. They came from everywhere <u>to seek God</u>."
2 Chronicles 20:1-4

HOW?   PHILIPPIANS 4:6-8

1. _____
"Do not worry about anything!"   **Philippians 4:6a (NLT)**

"Don't fret or fear or have ANY anxiety. . ."
Philippians 4:6a (Amp)

WORRY is _____ instead of God.
"Thinking that is controlled by my sinful nature leads to death, but thinking controlled by the Spirit, leads to life and peace."
Romans 8:6

How do I switch my focus? _____
"I <u>turned</u> to the Lord and <u>pleaded</u> with him in <u>prayer and fasting</u>."
Daniel 9:3

"We fasted and earnestly prayed that our God would take care of us, and he heard our prayer."   **Ezra 8:23 (NLT)**

2. _____
"Don't worry about anything; instead, <u>pray about everything</u>. Tell God what you need. . ."   **Philippians 4:6b (NLT)**

"Give all your worries and cares to God, for he cares about what happens to you."   **1 Peter 5:7 (NLT)**

"EVERY DAY Lord, I <u>lift my hands</u> to you in prayer and I call to you."
Psalm 88:9

LEFT: *WHO to pray for*   **RIGHT:** *WHAT to pray*
Thumb: *Thumb:*
Index: *Index:*
Tallest: *Tallest:*
Ring: *Ring:*
Small: *Small:*

3. _____
". . . ask God for whatever you need, <u>but always do it with THANKSGIVING</u>, asking him <u>with a thankful heart</u> for all he's done."
Philippians 4:6c

"Give thanks IN all circumstances, for this is God's will for you in Christ Jesus."   **1 Thessalonians 5:18 (NIV)**

"I will offer you my <u>sacrifice of thanksgiving</u>. . ."
Psalm 116:17a (NLT)

HOW?

1. _____
"Tell the Lord how thankful you are. . ."   **Psalm 118:1 (CEV)**

2. _____
"Celebrate the Harvest Festival, to honor the Lord your God, by bringing him a thanksgiving offering in proportion to the blessing he has given you."   **Deuteronomy 16:10 (TEV)**

4. _____
"<u>Fix your thoughts</u> on things that are TRUE and honorable and right. <u>Think about things</u> that are pure and lovely and admirable, and <u>fill your mind</u> with thoughts that are excellent and worthy of praise."   **Philippians 4:8 (NLT)**

Mornings: Pastor Rick's *DAILY HOPE* devotions (email & podcast)
Evenings: Pastor Tom's *DRIVETIME* devotions (audio)

"If you do this you'll experience <u>God's peace</u>, which is far more powerful than we can understand. <u>His peace will keep your thoughts</u> and <u>emotions</u> at rest <u>as you trust in Christ Jesus</u>."
Philippians 4:7