

FAITH TO GET YOU THROUGH

Strategies for Stressful Times

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The LORD lifts up those who are weighed down. Psalm 146:8 (NLT)

1. BY FAITH YOU _____

By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going. Hebrews 11:8 (NIV)

- Look at the _____, not the whole journey.
- Look at _____, not yourself.

Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end. Hebrews 12:2 (TEV)

2. BY FAITH YOU _____

By faith he made his home in the promised land like a stranger in a foreign country; he lived in tents, as did Isaac and Jacob, who were heirs with him of the same promise. For he was looking forward to the city with foundations, whose architect and builder is God. Hebrews 11:9-10 (NIV)

Build your _____ on the foundations of the _____

3. BY FAITH YOU _____

By faith Abraham, even though he was past age--and Sarah herself was barren--was enabled to become a father because he considered him faithful who had made the promise. And so from this one man, and he as good as dead, came descendants as numerous as the stars in the sky and as countless as the sand on the seashore. Hebrews 11:11-12 (NIV)

3 sons are mentioned in Abraham's life: **Eliezer** Gen 15, **Ishmael** Gen 16, **Isaac** Gen 21

3 ways we react when we must wait for God's promise:

- Eliezer: I'll have to _____
He took Abram outside and said, "Look up at the sky and count the stars—if indeed you can count them." Then he said to him, "So shall your offspring be." Genesis 15:5 (NIV)
- Ishmael: I'll have to _____
- Isaac: I'll choose to _____

4. BY FAITH YOU _____

By faith Abraham, when God tested him, offered Isaac as a sacrifice. He who had received the promises was about to sacrifice his one and only son, even though God had said to him, "It is through Isaac that your offspring will be reckoned." Abraham reasoned that God could raise the dead, and figuratively speaking, he did receive Isaac back from death.

Hebrews 11:17-19 (NIV)

God sent Christ to be our sacrifice. Christ offered his life's blood, so that by faith in him we could come to God. Romans 3:25 (CEV)

Be full of love for others, following the example of Christ who loved you and gave himself to God as a sacrifice to take away your sins. Ephesians 5:2 (TLB)