



# GET GROWING

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## TALK IT OVER

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### The Secret Killer of Growth

Get Growing - Week 2

Pastor Andy Wood

May 23-24, 2026

If you would like to watch the weekend message, visit [www.saddleback.com/watch](http://www.saddleback.com/watch).

Open your group in prayer and remember that this is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one. Before you close with prayer, take a few minutes to look over the Three Essential Questions at the end of the document.

### Scriptures

1 Kings 11:4, 1 Kings 12:6-14, Isaiah 5:20, Psalm 1:1-3, 2 Chronicles 12:1, Proverbs 12:15, Proverbs 13:20, Proverbs 15:22, Proverbs 17:17, Matthew 7:16-20, James 3:14-17, Ephesians 1:22-23, Romans 10:9-10

### Questions

1. Who or where do you turn to first when you seek advice or guidance on a situation or important decision? Share a time you received either good or bad advice from someone?
2. Read 1 Kings 12:1-15. What happened with King Rehoboam and what can we learn from his example? Your wisdom table is the combination of voices you let speak into your life. The wrong people at your wisdom table can lead you away from God. Who is sitting at your wisdom table currently?
3. Proverbs 15:22 (NIV) says, "*Plans fail for lack of counsel, but with many advisers they succeed.*" Why is it important to have wise counsel to help make decisions in your life? How are the people and influences around you framing your perspective?
4. Read Psalm 1:1-3. 1 Kings 11:4 (NIV) says, "*As Solomon grew old, his wives turned his heart after other gods, and his heart was not fully devoted to the Lord his God, as the heart of David his father had been.*" The people we choose to sit at our table shape our hearts over time. Share some ways the people in your life are shaping your heart for better or worse.

5. 2 Chronicles 12:1 (NIV) says, “After Rehoboam’s position as king was established and he had become strong, he and all Israel with him abandoned the law of the Lord.” Proverbs 12:15 (NIV) says, “The way of fools seems right to them, but the wise listen to advice.” Proverbs 13:20 (NIV) says, “Walk with the wise and become wise, for a companion of fools suffers harm.” According to these verses, why is it important to be intentional about who or what is molding our thoughts, hearts, and actions?
6. Read James 3:14-17, Proverbs 13:20, Proverbs 17:17, Isaiah 5:20, and Matthew 7:16-20. According to these passages, why is it important to consider the following questions when deciding who should sit at your table: *What is the source of their wisdom? What is the fruit of their lives? What is the intent of their advice?*
7. Give examples of the traits you want advisers to have in these key areas: spiritual life, relationships, work, calling, finances, and vision?
8. Is Jesus or someone else sitting at the head of your wisdom table? Who will you add or remove from your table? Why is this crucial for spiritual growth?

### Three Essential Questions

The following questions are intended to be open-ended and encourage members to consider how they and what they, or the group, can do as a result of hearing the message.

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change, or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you’ve learned today?*

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Are you interested in the Bible and in helping small groups benefit from the weekend message? Well, you are in luck! Saddleback members like you create these discussion guides each week. If you are interested in joining the team, please email [JasonW@saddleback.com](mailto:JasonW@saddleback.com).