



The Daniel Plan Fun Walk & Run Sponsors & Exhibitors

The Daniel Plan appreciates the sponsors and exhibitors of the Fun Walk & Run! Get acquainted with them and plan to visit their booths on June 11.

12 Week Fitness Challenge

www.12WFC.com

12 Week Fitness Challenge is a program designed to help people take that first step to better health and nutrition. We accomplish this by helping you with your daily nutrition, exercise/workouts and motivation. A 12 Week exercise, nutrition and mindset training program designed to transform your body and most importantly your way of thinking. Whether it is weight loss, shaping and toning or simply a motivational boost, this program is for you!

We are a virtual/web company. Our programs are personalized so that people can use their existing gym memberships or workout from home! Hours of operation are 24/7!

www.facebook.com/12WFC

<http://twitter.com/#!/12WFC>



FitnessWave Human Performance Lab

www.fitnesswave.com

FitnessWave's Human Performance Lab's strive to provide advanced fitness assessment services to everyday individuals of all fitness levels as well as fitness minded organizations alike. Our multi-service concept consists of "getting dunked," which is Hydrostatic Body Fat Testing, (RMR) Resting Metabolic Rate Testing, and Vo2 Sub-Max Testing and we have been proudly serving the fitness community since 1993! Whether you want to get your body fat tested, test your metabolism, find your fat burning or training zones; FitnessWave can help you make the right choices to get motivated, stay on track, and reach your fitness goals. Get the numbers you need to succeed!



FitnessWave Orange County Human Performance Lab
17911 Sky Park Circle Suite G
Irvine, CA 92614
Phone: (714) 979-9283
Call to schedule your appointment today!

Center for New Medicine

<http://www.centerfornewmedicine.com>

Leigh Erin Connealy MD began practicing medicine in 1986. More and more of her patients started asking about alternative treatments and this prompted her to learn everything she could about nontoxic protocols. In 1992, she founded the Center For New Medicine in Irvine, California, where she serves as Medical Director. Her practice is firmly based in the belief that strictly treating health problems with medications does not find the root cause of the illness.



CENTER FOR NEW MEDICINE

Center For New Medicine shies away from the toxic aspects of conventional medicine, using drugs and surgery only when such intervention is really necessary. Instead, we focus on therapies that support the body's innate defenses and healing mechanisms.

Center for New Medicine

6 Hughes, Suite 100

Irvine, CA 92618

(949) 680-1880

email: info@cfnmedicine.com

Web: <http://www.facebook.com/centerfornewmedicine>

Blog: <http://centerfornewmedicine.wordpress.com/2011/05/>

Follow Us on Twitter: http://twitter.com/?lang=en&logged_out=1#!/CFNMedicine1

Office Hours:

Monday – 8:30am to 7:00pm

Tuesday through Thursday – 8:30am to 5:00pm

Friday – 8:00am to 4:00pm

Gotein™ Protein to Go!

www.gotein.com

Perfect for individuals with a hectic schedule looking for a nutritious high protein shake to go. Whether you're a Weight Loss Surgery patient with a strict diet, an active executive or a sports minded person that needs to perform at their peak, Gotein™ helps refuel the body and improves lean muscle mass while burning fat with our premium protein matrix.*



info@gotein.com or (877) 346-8346

Mother's Market and Kitchen

www.MothersMarket.com

Mother's Market and Kitchen is a healthier alternative to the big chain grocery stores. We are a complete grocery store that serves individuals with unique diets as well as those wanting to eat healthier. Mother's is known for our organic fruits and vegetables and our produce department was rated the #1 Organic Store in the *OC Register's Best of Orange County 2011*. We also carry a full line of vitamins and supplements including many homeopathics. Our restaurant was also rated tops in the *OC Register* in 2011.

We have six stores in Orange County, open daily 8 a.m. - 10 p.m.

Costa Mesa

Huntington Beach

Irvine

Laguna Woods

Santa Ana

Brea - opening in September



Taco Mesa/Taco Rosa

www.tacomesa.net

www.tacorosa.com

Healthy & Authentic

Taco Mesa offers healthy, authentic, and innovative Mexican cuisine from only the freshest ingredients. No lard, MSG, preservatives, coloring, or other additives are used by Taco Mesa. Since 1991, we take pride in our commitment to the highest sanitation standards, values and genuine hospitality.

Main: (714) 639-1800

Email: TacoMesa1@aol.com

Taco Mesa Locations:

Costa Mesa

Ladera Ranch

Mission Viejo

Orange

Taco Rosa Locations (full-service restaurant):

Irvine Marketplace

Newport Beach



RoadID

www.roadid.com

RoadID is a company that educates outdoor enthusiasts about the importance of wearing ID and provides these athletes with innovative identification products to include as part of their gear.



Health Expo: Exhibitors

12 Week Fitness Challenge
ABC Pilates
Amen Clinics, Inc.
Center for New Medicine
Dr. Steve Altman/Sean Milam
Dr. Glover Chiropractor
Dr. Mark Hyman
Foundation Soul to Soul
Go-Tein
Happy Cooking Company
Holistic & Integrative Psychology
Living Java Coffee
Melissa's Brand
Milo's Cafe
Mother's Market
NutriShop
NutraSumma
OC Spine Professionals
RoadID
Strong Tower Ministries
Taco Mesa
Trader Joes - Providing post-race snacks
Walk & Worship

Saddleback Church –Ministry Exhibitors

Acts of Appreciation
Angel Tree
Asia/South Pacific PEACE
Celebrate Recovery
College Ministry
Community PEACE
Elderly Outreach
Elder Protection
Europe/Eurasia PEACE
Family Violence
Global PEACE Sports
High School Ministry
HIV/AIDS Initiative
Homework Club
Human Trafficking
Jr. High Ministry
Latin America/Caribbean PEACE
Local Orphan Care
Manna Food Outreach
Middle East/North Africa PEACE
Native America PEACE
Orphan Care
Pavilion - Book Store
PEACE Education
PEACE Hunger and Poverty
PEACE Water
Persecuted Church
Purpose Driven Church
Rancho Capistrano Boot Camp
Saddleback Kids
Sports and Adventure
Walk and Worship
Women's Fitness Workout Classes